



Mullingar Sailing Club

Junior Sailing Course 2016
Contact James Hackett 087 2568802 or
email: junior@masil.net

Notes for Parents/Guardians

1. Course places are limited.
2. The course is based on the ISA training programme www.sailing.ie
3. Modules achieved by sailor will be entered on their Sailing Passport which will accumulate in them achieving their next level.
4. The course is based on the Mirror dinghy. No other dinghy types are permitted on the course.
5. Mullingar Sailing Club **does NOT provide** Mirror dinghies for the course. Students must have a dinghy or a guaranteed crew position in a dinghy.
6. A parent or an adult representative is expected to assist (for one half day) in the shore based running of the course. This requirement will be further explained at an information briefing prior to the course commencing.
7. The club's Code of Ethics and Good Practice for Children's Activities is available to Parents/Guardians on the Mullingar Sailing Club website. Parents/Guardians will be expected to adhere to the clubs Guidelines and Code of Conduct for Parents/Guardians within the Code of Ethics.
8. Parent/Guardians will be expected to make their children aware of the clubs Guidelines and Code of Conduct for Young People which is available within the Code of Ethics and Good Practice.

Eligibility for the Junior Sailing Course

1. Applicants must have an interest in learning to sail.
2. Applicants **must** be members of Mullingar Sailing Club. The junior membership fee is €50.
3. Aged 11 years or older on 4th July 2016.
4. Applicants will be expected to: Swim 25m in sailing clothes, tread water for 2 minutes and hold their head underwater for 10 seconds.
5. All applicants must be in possession of an adequate, approved buoyancy aid **which must be worn at all times** while on the water and on the foreshore. Please note that a wetsuit (while not compulsory) will considerably add to the student sailor's comfort on the course.
6. All basic and improver level applicants (1st and 2nd years of course) must be in possession of a Mirror dinghy or be a nominated crew on another Mirror dinghy.
7. All other level applicants must have their own Mirror dinghy.

Mirror Dinghy Requirements

1. All boats must be rigged and present at MSC, Lough Owel prior to 26th June.
2. All boats will be inspected for seaworthiness prior to the Course by MSC instructors.
3. All advanced level boats must be spinnaker rigged.
4. Each boat must be equipped with oars or paddles of a functional design and a 3m painter.
5. Each boat must have a launching trolley.
6. Each boat must be insured against 3rd party risks for a minimum of €3,000,000.

The committee Of Mullingar Sailing Club reserves the right to:

- Limit the number of applicants.
- Accept applications subject to suitability for the course.
- Implement its Disciplinary Procedure to suspend a student/participant if necessary.



MSC

Mullingar Sailing Club

Junior Sailing Course 2016 Application Form

4 July - 22 July 9.30pm to 5.00pm (Monday - Friday)

Applicants Name			
Address			
Date of Birth		Age on 4 th July 2016	
Contact Details (Parents/Carers)	Home Number		
	Mobile Number		
	Email		
Boat Owner:		Crewing With:	

(If borrowing a boat state the owner. If crewing state with whom you are crewing)

Please let us know of any medical conditions which may affect you on the course:	
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Please state clearly the weeks you which your child to attend by ticking the appropriate box:

Week 1		Week 2		Week 3	
4July – 8July		11-15 July		18th-22 July	

If you have previously attended the sailing course please state number of weeks completed and year of attendance:		Is your child currently a member of Mullingar Sailing Club?	
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To be filled in by young person/sailor

What would you like to achieve on this course?	
Is there anything you would like to say?	

<p><i>Return this fully completed form together with appropriate fee to:</i></p> <p>Rosmarie Hackett Mullingar Sailing Club Junior Organiser Assistant Trim Road Longwood Co Meath A83 KX57</p>	<p>Payment/Cheques can be made out to: Mullingar Sailing Club</p> <p>Electronic payment can be arranged.</p> <p>Please do not send cash in the post</p>
<p>COURSE FEE: €120 per week of attendance. <i>(Min of 2 weeks attendance- but attendance for 1 week may be possible subject to numbers. Cost of €150)</i></p> <p>Non-members of the club must also pay an additional €50 <i>(Junior membership fee)</i></p>	



Mullingar Sailing Club

I confirm that: -

I have read and accept the attached conditions governing this application and that I wish to enrol the above named Junior Member for instruction in the 2016 sailing Course.

I am willing to assist with junior affairs on shore duty.

I understand that all boats must be insured for third party liability as per club rules.

I confirm that the above boat is insured to cover third party liability for a minimum of €3,000,000 and will remain so for the duration of the course.

Signed: _____ Parent/Guardian

Date: _____

I enclose cheque /cash € _____ (Office Use date rec'd _____)

Junior Sailing Course Conditions

A course briefing is held for parents of students prior to the course commencing. This will take place in Mullingar Sailing Club (MSC) clubhouse at a date and time to be advised. The purpose of this briefing is to inform parents on matters relating to the delivery of the course including the essential role of shore parent assistance. Instructors will also conduct a survey of each dinghy and assess its seaworthiness. We will also outline the club policies regarding bullying, punctuality and general behaviour, which will be enforced rigorously.

1. **All dinghies must be insured** for cover against third party risks for a minimum of €3,000,000. Confirmation / Proof of insurance will be required at time of booking.
2. **Buoyancy aids** must be worn while afloat and on the foreshore. It is recommended that new buoyancy aids should bear the CE mark and be designed for the weight of the user.
3. All junior sailors will be required to be **signed in and out** of Mullingar Sailing Club premises by a responsible adult.
4. Supervision **is NOT provided** outside of course hours nor outside the premises of MSC.
5. Junior course students have access to specific areas of MSC clubhouse. They are **NOT allowed access** to the instructor's rest room.
6. Junior course students shall at all times **follow any** instructions given by the Instructors, Course Organiser, a Shore Parent or any other person in charge.
7. Junior course students shall **NOT interfere** with boats, equipment or belongings of others or Club property. **Borrowing without consent is not permitted.**
8. All participants when availing of the use of the Changing Rooms shall observe particular respect of property. Participants must be advised by parents of the necessity to treat and leave the Changing Rooms in a clean and tidy condition. **Consumption of food in the Changing Rooms is not permitted.**
9. **Bullying is NOT permitted** and may result in expulsion from the course.
10. **Serious breaches of discipline shall be referred to the committee of MSC.**