



## Notes for Parents/Guardians

Cara na Mara Course 2018; Contact  
Michael Casserly 087 6184317 or email:  
junior@msail.net

1. Course places are limited.
2. The course is based on the ISA training programme [www.sailing.ie](http://www.sailing.ie)
3. Modules achieved by sailor will be entered on their Sailing Passport which will accumulate in them achieving their next level.
4. A parent or an adult representative is expected to assist (for one half day) in the shore based running of the course. This requirement will be further explained at an information briefing prior to the course commencing.
5. The club's Code of Ethics and Good Practice for Children's Activities is available to Parents/Guardians on the Mullingar Sailing Club website. Parents/Guardians will be expected to adhere to the clubs Guidelines and Code of Conduct for Parents/Guardians within the Code of Ethics.
6. Parent/Guardians will be expected to make their children aware of the clubs Guidelines and Code of Conduct for Young People which is available within the Code of Ethics and Good Practice.

## Eligibility for the CARA NA MARA Sailing Course

1. Applicants must have an interest in learning to sail.
2. Applicants **must** be members of Mullingar Sailing Club. This is included in the course cost
3. Aged 5 years or older on 23rd July 2018.
4. All applicants must be in possession of an adequate, approved buoyancy aid **which must be worn at all times** while on the water and on the foreshore. Please note that a wetsuit (while not compulsory) will considerably add to the student sailor's comfort on the course.

The committee Of Mullingar Sailing Club reserves the right to:

- Limit the number of applicants.
- Accept applications subject to suitability for the course.
- Implement its Disciplinary Procedure to suspend a student/participant if necessary.



# Mullingar Sailing Club

## Cara Na Mara Sailing Course 2018 Application Form

23rd July – 27th July, 10.00am to 2.00pm (Monday - Friday)

Applicants Name			
Address			
Date of Birth		Age on 23 <sup>rd</sup> July 2018	
Contact Details (Parents/Carers) Please provide 2 contacts if possible	Home Number		
	Mobile Numbers Contact Name 1	Name	Mobile Number
	Contact Name 2		
	Email		

Please let us know of any medical conditions which may affect you on the course:	
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Is there anything the participant would like us to know about them which will support them on the course	
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<i>Return this fully completed form together with appropriate fee to:</i> <b>Michael Casserly</b> <b>4 de Granville Court</b> <b>Dublin Road</b> <b>Trim</b> <b>Co.Meath</b>	Payment/Cheques can be made out to: <b>Mullingar Sailing Club</b>  <b>BACS Payment To;</b> <b>IBAN; IE06 AIBK 9321 7533 6041 02</b> <b>BIC: AIBKIE2D</b>  Please do not send cash in the post
<b>COURSE FEE: €80.</b>	<i>(Inc Junior membership fee)</i>

### Photographs:

During this course the club may take a group photograph of participants for publicity purposes. Photos will be taken and used in-line with our Code of Ethics and Good Practice. Please let us know your wish by ticking the appropriate statement:

I consent to have my child's photo taken during the course

### GDPR:

All personal information will be stored according to the Mullingar Sailing Club data storage policy which can be viewed on our club website, [www.msail.net](http://www.msail.net)

**We would like to keep you informed of future courses that you may be interested in.** Please check the box here if you would like to opt-in to receive mails and or text messages from MSC for this purpose



## Mullingar Sailing Club

### I confirm that: -

I have read and accept the attached conditions governing this application and that I wish to enrol the above named Child for instruction in the 2018 Cara Na Mara Sailing Course.

I am willing to assist with junior affairs on shore duty.

Signed: \_\_\_\_\_ Parent/Guardian

Date: \_\_\_\_\_

I enclose cheque € \_\_\_\_\_ **BACS Reference used** \_\_\_\_\_  
**Please put your name as reference on any direct payment to bank**

## Course Conditions

A course briefing is held for parents of students prior to the course commencing. This will take place in Mullingar Sailing Club (MSC) clubhouse at a date and time to be advised. The purpose of this briefing is to inform parents on matters relating to the delivery of the course including the essential role of shore parent assistance. We will also outline the club policies regarding bullying, punctuality and general behaviour, which will be enforced rigorously.

1. **Buoyancy aids** must be worn while afloat and on the foreshore. It is recommended that new buoyancy aids should bear the CE mark and be designed for the weight of the user.
2. All junior sailors will be required to be **signed in and out** of Mullingar Sailing Club premises by a responsible adult.
3. Supervision is **NOT provided** outside of course hours nor outside the premises of MSC.
4. Cara Na Mara course students have access to specific areas of MSC clubhouse. They are **NOT allowed access** to the instructor's rest room or the Boathouse.
5. Cara Na Mara course students shall at all times **follow any** instructions given by the Instructors, Course Organiser, a Shore Parent or any other person in charge.
6. Cara Na Mara course students shall **NOT interfere** with boats, equipment or belongings of others or Club property. **Borrowing without consent is not permitted.**
7. All participants when availing of the use of the Changing Rooms shall observe particular respect of property. Participants must be advised by parents of the necessity to treat and leave the Changing Rooms in a clean and tidy condition. **Consumption of food in the Changing Rooms is not permitted.**
8. **Bullying is NOT permitted** and may result in expulsion from the course.
9. **Serious breaches of discipline shall be referred to the committee of MSC.**